

Rumba Quick Underarm Turn

		Man's		Ladies		Notes
Phase	Time	Foot	Details	Foot	Details	
Box 1st Half	S	L	Forward	R	Back	
	Q	R	Side right	L	Side left	
	Q	L	Together	R	Together	
	S	R	Back	L	Forward	
Side Break	Q	L	Side Left	R	Forward, turn right	Natural turn
	Q	R	Side Right	L	Side, turn turn	Weight back
	S	L	Forward, across	R	Back	
Side Break (retrace)	Q	R	Back replace	L	Forward, turn left	Reverse Turn
	Q	L	Side left	R	Side, turn left	
	S	R	Side right	L	Side, left	
Open Break	Q	L	Step back	R	Back	Opposition
	Q	R	Replace, turn right	L	Forward Replace	
	S	L	Side	R	Forward turn left, settle	
Cross Body	Q	R	Back, turn left	L	Forward replace, turn left	
	Q	L	Forward, pivot left on ball	R	Back	
	S	R	Side right	L	Side left	

5th Position
to exit